



Rethinking Nutrition: Connecting Science and Practice in Early Childhood Settings (The Redleaf Professional Library)

Susan Nitzke PhD RD, Dave Riley PhD, Ann Ramminger MS, Georgine Jacobs MS

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Rethinking Nutrition provides science- and practice-based information to meet young children's nutritional and developmental needs and establish healthy patterns with food. Each chapter includes a summary of key concepts and promising practices for early childhood settings. Aligned with MyPlate.



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