



Integrative Counselling Skills in Action

(Counselling in Action series)

Susan Culley, Tim Bond



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'As a counsellor, supervisor and trainer I find this book such an excellent resource. It is invaluable in my teaching as well as supporting learning in supervision. Culley and Bond use their extensive experience as practitioners to demystify potentially complex ideas, instead presenting them in an accessible and engaging way. Counselling skills are described clearly and case study material is relevant to practice. The third edition brings new and contemporary content that further enhances the value of the book. Buy it now!' - **Dr Andrew Reeves, Counsellor, Supervisor, Trainer and Editor of Counselling and Psychotherapy Research journal.**

Integrative Counselling Skills in Action, third edition, is a bestselling introduction to the core counselling skills. It takes you step-by-step through the skills and strategies needed at each stage of the counselling process -- beginning, middle and end - using illustrative case examples and providing practical checklists and summaries.

New to the third edition:

- Negotiating and managing a counselling contract
- Using self-disclosure
- Preparing for and using supervision
- An example of supervision included in extended case study
- A new preface

Integrative Counselling Skills in Action is used by many thousands of students and practitioners who need guidance on using counselling skills in a variety of helping settings.

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