



# **The No-Cook No-Bake Cookbook: 101 Delicious Recipes for When It's Too Hot to Cook**

*Matt Kadey*



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## **The No-Cook No-Bake Cookbook: 101 Delicious Recipes for When It's Too Hot to Cook Matt Kadey** **TURN UP THE FLAVOR—NOT THE HEAT!**

From easy, hearty breakfasts to mouth-watering entrees and even delectable desserts, it's easy to keep both your stress level and kitchen temperature low with these fast and fun no-cook meals. *The No-Cook, No-Bake Cookbook* features tons of creative dishes, including:

- **Salmon Mango Ceviche**
- **Teriyaki Tofu Wraps**
- **Peach Prosciutto Salad**
- **No-Bake Lemon Cheesecake**
- **Tex-Mex Chipotle Beans**
- **Shrimp Tacos with Tomatillo Salsa**
- **Salami Pizza Stacks**
- **Moroccan Chicken Salad**
- **Roast Beef Wraps**
- **Blueberry Overnight Oats**
- **Fresh Fruit Smoothies**

Who says you need to turn on the oven to cook a delicious meal? When temperatures rise and dinnertime looms, don't grab the take-out menu—reach for this guide to the best no-cook meals! Filled with full-color photos and easy-to-follow recipes, this handy cookbook shows how to whip up tasty, healthy and filling breakfast, lunch or dinner recipes without heating up the kitchen.



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