



Muttergefühle. Gesamtausgabe. (German Edition)

Rike Drust

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Zwischen Glück und Frust: das ehrlichste Buch über alles, was Mütter fühlen

Es ist riskant, eine perfekte Mutter sein zu wollen; noch riskanter ist allerdings der Versuch, keine perfekte Mutter zu sein – und dies auch noch zuzugeben. Rike Drust liebt ihren kleinen Sohn und ist doch manchmal erleichtert, wenn er weg ist. Sie kennt überwältigende Glücksgefühle, wenn er sie anlächelt, und sie kennt Langeweile, Einsamkeit und Verbitterung, wenn alle anderen zur Arbeit gehen, toll aussehen, frei über ihre Zeit verfügen. Muttergefühle sind so. Widersprüchlich, zu groß und zu vielfältig für jede Schublade, zu persönlich und elementar, um be- oder verurteilt zu werden. Doch zum Muttersein hat fast jeder etwas zu sagen, über die Köpfe der Mütter hinweg, die sich oft nicht trauen, offen über ihre Gefühle zu sprechen, weil sie den Hochglanzbildern nicht entsprechen. Rike Drust will mit ihrer »Gefühls-Gesamtausgabe« Frauen Mut machen, zu allen Aspekten des Mutterseins zu stehen und sich gegen Belehrungen oder Anfeindungen zu verwahren.

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