



# Convection Oven Cooking

*Linda Verkler, Edward Zempel*

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"The recipes are concisely written and should provide owners of convection ovens with a solid initial repertoire." Publishers Weekly

Once exclusive to professional bakeries and restaurants, convection ovens are becoming increasingly common in household kitchens. As the popularity of these appliances grows, more and more people are discovering the joys of cooking and baking in a convection oven.

By continuously circulating hot air during the cooking process, convection ovens cook food more quickly and efficiently than ever before. Unlike microwave cooking, no special equipment is necessary, and the results are spectacular.

Cooking and roasting meats, poultry, and fish in a convection oven is particularly satisfying. The enveloping hot air seals in juices and flavor, while the shorter cooking time prevents dryness. Some of the mouth-watering recipes included here are Leg of Lamb, Roast Turkey, and Stuffed Flank Steak.

Baking in a convection oven is practically foolproof. The even heat distribution ensures that breads and cakes rise quickly and bake thoroughly--no more charred bottoms and soupy middles! Biscuits, piecrusts, and puff pastries emerge light and flaky every time. Even novice bakers will achieve delicious results with recipes like Parker House Rolls, Napoleons, and Deep Dish Apple Pie.

Convection Oven Cooking features over 125 proven recipes, as well as helpful tips on roasting, kneading, and more.

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