



# **Principles of Counseling and Psychotherapy: Learning the Essential Domains and Nonlinear Thinking of Master Practitioners**

*Gerald J. Mozdzierz, Paul R. Peluso, Joseph Lisiecki*

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Research has shown that the most effective way to prepare students for practice with real clients is to learn to think in a new way rather than simply learning and using a set of steps. While there is much to be learned from what master practitioners do in their sessions, there is even more knowledge to gain from learning how they think. The second edition of *Principles of Counseling and Psychotherapy* offers students and practitioners a way to understand the processes behind effective outcomes with a wide variety of clients.

The second edition is infused with real-world clinical case examples and opportunities for readers to apply the material to the cases being presented. New "thought-exercise" sections are specifically designed to engage the reader's natural non-linear thinking, and transcript material both from cases and from master therapists themselves are interwoven in the text. Accompanying videos, available through Alexander Street Press, bring the text to life, and instructors will find testbanks, transition notes, and narrated PowerPoints available for free download from the book's website at [www.routledgementalhealth.com](http://www.routledgementalhealth.com)



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