



Diversity Issues in the Diagnosis, Treatment, and Research of Mood Disorders

Sana Loue, Martha Sajatovic



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Mood disorders, like depression, bipolar disorder, and dysthymia, are common psychological illnesses that occur worldwide and across the life-span. There is a growing consensus among mental health clinicians and researchers that culture and cultural context are often key determinants in mood disorder prevention and outcome. It has become increasingly apparent that an appropriate understanding of culture is essential for treatments to be effective, and for optimal outcomes to be obtained by individuals suffering from these conditions. This text focuses on cross-cultural issues arising in the context of diagnosis, treatment, and research of mood disorders within diverse populations of the United States. With specific case examples to supplement the topics reviewed in each chapter, this important volume will be of great interest to all clinicians and researchers working in the area of mood disorders.



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