



Review of Sleep Medicine

Alon Y. Avidan, Teri J. Barkoukis

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Review of Sleep Medicine, by Drs. Alon Avidan and Teri Barkoukis, prepares you for the ABSM exam with a comprehensive review-and-test format that includes figures, tables, and lists highlighting key points. With content revised to match the new exam and updated coverage of pharmacology and sleep medicine, insomnias, parasomnias, sleep-related breathing disorders, and more, you'll stay current on recent developments in the field.

- Effectively prepare for the ABMS sleep exam using case-based multiple-choice and fact-testing questions that parallel those on the test.
- Identify the reasoning behind each answer with comprehensive explanations so you know how to think logically about the problems.
- Quickly review crucial material with succinct summaries of all aspects of working with the sleep disordered patient.
- Master the content tested on the exam through explanatory high-yield tables and charts, sleep stage scoring, and an artifacts and arrhythmias mini-atlas.
- Tap into the expertise of a multidisciplinary team of recognized leaders ranging from world-renowned sleep researchers to sleep clinicians and educators.
 - Updated coverage of the latest advances in sleep medicine for pharmacology, tools in clinical sleep medicine, sleep disorders, and much more.
 - Brand new chapters in:
 - Sleep Breathing Disorders
 - Cardiovascular Pathophysiology
 - Evaluating Epilepsy
 - Pearls of Pediatric Sleep
 - Cardiopulmonary Disorders
 - Neurological Sleep Disorders
 - Sleep-Wake Disorders
 - Clinical Case Studies II
 - Knowing Practice Parameters



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