



Diabetes in Clinical Practice

Vivian Fonseca, Merri Pendergrass, Roberta Harrison McDuffie

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The purpose of this handbook is to give the practitioner a quick overview of type 2 diabetes, along with practical suggestions for the management of this condition. This serves to counteract any unnecessary complications (which are also discussed) that can arise out of living with this condition.

The book will cover not only ways in which patients can help themselves through healthy eating and exercise, but will also provide a detailed yet easy reference guide to possible medical therapies and drugs such as insulin. Patient education is also touched upon.

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