



# This Is Running for Your Life: Essays

*Michelle Orange*

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# This Is Running for Your Life: Essays

Michelle Orange

## This Is Running for Your Life: Essays Michelle Orange

**Michelle Orange uses the lens of pop culture to decode the defining characteristics of our media-drenched times**

In *This Is Running for Your Life*, Michelle Orange takes us from Beirut to Hawaii to her grandmother's retirement home in Canada in her quest to understand how people behave in a world increasingly mediated—for better and for worse—by images and interactivity. Orange's essays range from the critical to the journalistic to the deeply personal; she seamlessly combines stories from her own life with incisive analysis as she explores everything from the intimacies we develop with celebrities and movie characters to the troubled creation of the most recent edition of the *Diagnostic and Statistical Manual of Mental Disorders*.

With the insight of a young Joan Didion and the empathy of a John Jeremiah Sullivan, Orange dives into popular culture and the status quo and emerges with a persuasive and provocative book about how we live now. Her singular voice will resonate for years to come.



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