



Relational Group Psychotherapy: From Basic Assumptions to Passion (International Library of Group Analysis)

Richard M. Billow

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Integrating cutting-edge relational theory with technique, this volume reveals the deeply personal nature of the intersubjective process of group therapy as it affects the group therapist and other group members. By locating the group therapist's experience in the centre of the action, Richard M. Billow moves away from traditional approaches in group psychotherapy. Instead, he places emphasis on the effect of the therapist's own evolving psychology on what occurs and what does not occur in group psychotherapy. Building on Bion's early theory of group and his later formulations regarding the structure of thought and the role of affect, this work expands on the present understanding of relational theory and technique. Through the use of clinical anecdotes the author is able to ground theory in the realities of clinical experience making this essential reading for group psychoanalysts and psychotherapists, psychiatrists and other mental health professionals, academics and students of psychoanalytic theory.



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