



Recetas de Cocina Casera India Para Hacer en un Periquete (Spanish Edition)

Prasenjeet Kumar

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La cocina “casera” india desmitificada

Con una extraordinaria compilación de más de 100 deliciosos platos, muchos de los cuales no encontrarás en ningún restaurante indio, este libro se diferencia de cualquier otro dedicado a la cocina india al centrarse en lo que los indios comen a diario en casa. El autor revela paso a paso el “misterioso” estilo de la cocina casera india, nunca antes divulgado, que resultará accesible a cualquiera que tenga conocimientos rudimentarios de cocina y apetito por la aventura culinaria.

En el segundo libro de su serie “How to Cook everything in a Jiffy” (“Cómo cocinar de todo en un periquete”), Prasenjeet Kumar, abogado societario convertido en gastrónomo, explora las razones por las que la cocina “casera” india es tan distinta de la de restaurante. Haciendo uso de un peculiar estilo semiautobiográfico, comienza su indagación con la búsqueda de comida india en Londres para acabar descubriendo que el estilo de cocina de los restaurantes es diametralmente opuesto a lo que se practica en los hogares indios respecto del mismo plato.

Te gustará este libro si te encanta la cocina india y alguna vez has querido que alguien te guiara por el laberinto de especias que utilizan los indios, y aprender a dominar los niveles de aceite y de picante de muchos de sus platos.



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