



Handbuch Vitamine: Für Prophylaxe, Therapie und Beratung (German Edition)

Klaus Pietrzik, Ines Golly, Dieter Loew

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Vitamine und vitaminähnliche Stoffe ausführlich dargestellt. Sie erfahren alles Relevante über Vorkommen, Bedarf, Funktion, Symptomatik bei Mangel ebenso wie über Chemie, biochemische Funktionen etc.

- Praktisches Wissen über Bedarf, Bedarfsdeckung, klinische Symptomatik und Anwendungsgebiete und Indikationen
- Konkrete Informationen, wann Sie Vitamine zur Prophylaxe oder zur Behandlung einsetzen - mit aktuellem Wissen über Tageshöchstmengen
- Klare Abgrenzung zwischen Vitaminen als Arzneimittel vs Lebensmittel

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