



# Contemporary Clinical Psychology

*Thomas G. Plante*

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Thomas G. Plante

**Contemporary Clinical Psychology** Thomas G. Plante

**A realistic and contemporary portrayal of the dynamic field of clinical psychology**

Thoroughly revised and updated to reflect the most current topics professionals will face in clinical practice, the *Third Edition* takes an integrative biopsychosocial approach throughout and features:

- New coverage of innovations in psychotherapy and their implications for interventions, changing populations, and assessment
- Up-to-date discussion of empirically supported treatments, technology-assisted treatments such as Web-based interventions, and new cognitive behavior treatments such as ACT
- Insights into prevention, ethics, evidence-based treatments, and confidentiality laws and regulations including HIPAA
- Case studies detailing the theoretical conceptualization, assessment, and treatment of clients
- Chapter-ending *Big Picture* synopses and lists of key points and terms, as well as unique *Real Students*, *Real Questions* sections featuring actual questions asked by clinical psychology students
- Firsthand career advice from a diverse group of mental health professionals
- Current and future trends, plus a step-by-step road map that covers all aspects of becoming a clinical psychologist

This broad-spectrum overview of the art and science of clinical psychology explores many different perspectives in many different settings. Author Thomas Plante draws from his own experience as a practicing clinician and college professor to reveal how science and application function together in the day-to-day practice of psychology.

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