



Better Than Ever

Bernie Zilbergeld

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Better Than Ever is a new kind of book about love and sex. Targeted particularly at people in their later years, it looks at the pleasure that can still be gained from healthy sexual relationships whether all the appropriate bits are working or not! In Better Than Ever Dr Zilbergeld explains the wondrous world of love and sex among men and women in their later years. A world-renowned sex therapist for 27 years, Dr Zilbergeld uses intensive research, and the words of people he calls the "lovers", to illustrate and explain the world of men and women who are masters of the world of sexuality. Dr Zilbergeld also explains the obstacles that prevent people with medical or psychological problems from entering the world of love and sex, and provides solutions that will give them hope that they, too, can become "lovers" in their own relationships.

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