



Breaking Old Rhythms: Answering the Call of a Creative God

Amena Brown



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Breaking Old Rhythms: Answering the Call of a Creative God Amena Brown

"When two fighters of equal ability and speed are matched . . . there is a greater advantage to the one who knows how to break the rhythm."

-Bruce Lee

Rhythm is a blessing. By rhythm we dance, sing, clap, walk and breathe.

Beyond the blessing is the Giver of Rhythm, who sometimes calls us past the patterns and habits we have established for ourselves into new understanding, new risk, new faith, hope and love.

In those moments we have to decide where to place our trust: in God or in our precious rhythms.

Spoken word poet Amena Brown has made rhythm her life's work. In *Breaking Old Rhythms* she explores how we discover by rhythm both our God-given limitations and potential, and the ways we limit God's work in our lives. Read this book and be reminded, and encouraged, that while God has rhythm, God *is* love, and God's love carries us beyond our rhythms into a fuller, more fulfilling life.



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Mary Banks:

Spent a free the perfect time to be fun activity to do! A lot of people spent their spare time with their family, or their very own friends. Usually they performing activity like watching television, about to beach, or picnic within the park. They actually doing same task every week. Do you feel it? Do you need to something different to fill your personal free time/ holiday? Can be reading a book might be option to fill your cost-free time/ holiday. The first thing that you'll ask may be what kinds of e-book that you should read. If you want to try look for book, may be the publication untitled *Breaking Old Rhythms: Answering the Call of a Creative God* can be good book to read. May be it might be best activity to you.

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