



Psicoterapia con niños y psicodrama: la cura por la alegría (Psicología) (Spanish Edition)

Teodoro/Silva Balaguera, Lorena/Herranz Lence, María Herranz Castillo

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Una de las dudas que más se cuestionan los psicólogos y psicoterapeutas infantiles es cómo se realiza la intervención con niños. En esta obra se ofrece la respuesta a este interrogante desde un marco teórico que utiliza la acción y la relación como instrumentos al servicio de la cura: el psicodrama. Se trata de una teoría del cambio, como consecuencia de la aplicación de ese hacer y de ese modo de relacionarse, que permite sustituir el sufrimiento y la desadaptación infantil por la alegría y la ilusión de vivir. Asimismo, se ofrece una descripción de las técnicas en su aplicación clínica, donde se enseña cómo se realizan y las consecuencias que tiene para los niños introducirse en el mundo imaginario, de juego y del “como si” para transformar su realidad.

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