



La dispensa delle spezie e delle erbe: 6 (Cucina) (Italian Edition)

Natale P. Fioretto, Roberto Russo

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Il profumato e misterioso mondo delle spezie è, da sempre, fonte di ispirazione non solo per narrazioni dai risvolti ora piccanti ora incantati, ma anche per i molti piatti che ogni giorno prepariamo per nutrirci. Questo prontuario-ricettario vuole essere, dunque, un aiuto per utilizzare al meglio spezie ed erbe che si trovano nelle nostre cucine.

Nelle pagine del libro presentiamo le spezie e le erbe aromatiche, indicandone le caratteristiche, i pregi e gli usi e dedicando loro alcune schede di approfondimento.

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